

Information and Disclosure Section

The following information is provided to inform you about the research project in which you have been invited to participate. Please read this disclosure and feel free to ask any questions. The investigators must answer all of your questions and please save this page as a PDF for future reference.

- Your participation in this research study is voluntary.
- You are also free to withdraw from this study at any time without loss of any benefits.

For additional information on your rights as a participant in this study, please contact the Middle Tennessee State University (MTSU) Office of Compliance (Tel 615-494-8918 or send your emails to irb_information@mtsu.edu. (URL: <http://www.mtsu.edu/irb>).

Please read the following and respond to the consent questions in the bottom if you wish to enroll in this study.

1. **Purpose:** This research project is designed to help us evaluate the perceptions, attitudes, and behaviors of current MTSU students relative to various personal health topics. It will help guide campus policy and provide relevant information to students and student groups about the health status of MTSU students.
2. **Description:** There are several parts to this project. They are:
 - This project is open to 6000 randomly selected, currently enrolled MTSU students. You are one of the selected students.
 - The project involves participation in an online survey. To access the survey, click on the link below.
 - There are no penalties for refusing to participate, and participation can be discontinued at any time without penalty or loss of benefits. You may skip any question you choose.
 - All students who submit a survey will be entered into a raffle for one of 200 prizes, including Apple watches and AirPods, MTSU t-shirts, and power banks.
3. **IRB Approval Details**
 - Protocol Title: Student Health Services Campus Health Assessment
 - Primary Investigator: Lisa Schrader
 - PI Department & College: _Health Services, Student Affairs
 - Protocol ID: 22-2-96 7q Approval Date: 02/16/2022 Expiration Date: 02/28/2025
4. **Duration:** The whole activity should take about 30 minutes. The subjects must take at least 10 minutes/hours to complete the study.
5. **Here are your rights as a participant:**
 - Your participation in this research is voluntary.
 - You may skip any item that you don't want to answer, and you may stop the experiment at any time (but see the note below)
 - If you leave an item blank by either not clicking or entering a response, you may be warned that you missed one, just in case it was an accident. But you can

continue the study without entering a response if you didn't want to answer any questions.

- Some items may require a response to accurately present the survey.

6. **Risks & Discomforts:** There are no potential risks in this study outside of those you would encounter in life on a daily basis.

7. **Benefits:**

- a. Benefits to you that you: there may be no direct benefit to you as participant unless you become a participant in the programs and services that may come from the results. However, you may personally benefit by knowing that you have assisted in providing accurate information regarding health/wellness behaviors on our campus.
- b. Benefits to the field of science or the community: The potential benefits to science and humankind that may result from this study are the provision of valuable and much needed information about the health-related behaviors, attitudes, and perceptions of students at MTSU. In addition, it is anticipated that the results from this investigation will be used to develop new and/or enhance existing health programs and services provided to students on campus, such as the MTSU After Dark programming options, social norms campaigns, programming for students in recovery, etc.

8. **Identifiable Information:** You will NOT be asked to provide identifiable personal information

9. **Compensation:** There is no compensation.

10. Participants will be compensated as described below:

11. **Confidentiality.** All efforts, within reason, will be made to keep your personal information private but total privacy cannot be promised. Your information may be shared with MTSU or the government, such as the Middle Tennessee State University Institutional Review Board, Federal Government Office for Human Research Protections, *if* you or someone else is in danger or if we are required to do so by law.

12. **Contact Information.** If you should have any questions about this research study or possibly injury, please feel free to contact Lisa Schrader by telephone 615-494-8704 or by email Lisa.Schrader@mtsu.edu OR my faculty advisor, N/A, at N/A. You can also contact the MTSU Office of compliance via telephone (615 494 8918) or by email (compliance@mtsu.edu). This contact information will be presented again at the end of the study.